

# SESSIONS

## V GOURMET SIDES

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Y **SHAKA SPUDS (HOUSE-BAKED POTATO CHIPS)**  
sage, rosemary, parmesan 5

Y **ROSEMARY SKINNY FRIES**  
served w/ house adobo buttermilk 5.5

**TOMATO SOUP**  
basil pesto, crouton, parmesan 8.5

S **CRISPY BRUSSELS SPROUTS**  
sweet thai chili sauce, pickled red fresno,  
fresh mint 9.5

**SWEET CORN SALAD**  
zesty roasted corn salad, fresh chilies,  
parmesan 9

## FRESH SALADS

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Y **WEDGE LEGEND**  
smoked bacon, chicken, goat cheese,  
red onion, heirloom tomato, spring mix,  
atomic vinaigrette, balsamic reduction,  
crouton 17.5

V **CRAN-APPLE**  
cranberry, granny smith apple,  
goat cheese, watermelon radish, G's nuts,  
spring mix, balsamic vinaigrette 15.5  
\*add chicken +3

V **MOROCCAN CAESAR**  
baby gem lettuce, candied dates, toasted  
coconut, fresh mint, pickled onion, harissa  
vinaigrette, grated parmesan, crouton 15.5  
\*add chicken +3

Y S **THAI CHOP**  
chicken, urban baby kale & swiss chard,  
arugula, watermelon radish, toasted coconut,  
fresh mint, G's nuts, red & napa cabbage,  
peruvian peppers, chili garlic dressing 17.5

V **FARMER'S MARKET**  
urban baby kale & swiss chard, arugula,  
heirloom tomato, peruvian peppers, red onion,  
cucumber, watermelon radish, sprouts,  
balsamic vinaigrette, crouton 14.5  
\*add chicken +3

Y **HALF SALAD + SOUP COMBO**  
choice of any salad, served with a side of  
shaka spuds and a cup of soup 17.5  
\*sub shaka spuds for fries +.5

## SIGNATURE SANDWICHES

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Y V **SUMMER ZEPHYR (SANDWICH OF THE YEAR)**  
fresh mozzarella, marinated tomato,  
pickled onion, basil aioli, arugula,  
balsamic reduction, french roll 14.5  
\*chef max's tip: add bacon +4, or chicken +3

Y **MEDDOCK MELEE**  
chicken, jalapeño jack, avocado, sprouts,  
marinated tomato, cherry pepper,  
adobo buttermilk, squaw 14.5

Y **YOGI (TRY IT ON GLUTEN-FREE FLATBREAD +4)**  
chicken, avocado, basil pesto, cucumber,  
marinated tomato, arugula, french roll 14.5

GLUTEN-FREE FLATBREAD +4

**GOODMOTHER**  
genoa salami, country ham, lemon ricotta,  
shaved red onion, cherry pepper, parmesan,  
baby gem lettuce, herb vinaigrette,  
ciabatta 15.5

Y **HALF SANDWICH + SOUP COMBO**  
choice of any sandwich listed above, served  
on ciabatta with a side of shaka spuds and  
a cup of soup 17.5  
\*sub shaka spuds for fries +.5

## CHEF MAX'S FAVORITES

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Y S **SPICY CRISPY CRUNCHY CHICKEN**  
fried chicken, chili garlic slaw,  
cucumber, pickled chilies, sriracha aioli,  
sesame brioche bun 15.5 \*contains nuts

S **SMASHBALLER**  
smashed meatball, lemon ricotta, arugula,  
basil pesto, herb tomato sauce, fresh mint,  
cherry pepper, parmesan, ciabatta 15.5

V **FACE PLANT (VEGAN)**  
avocado, arugula, sprouts, marinated tomato,  
cucumber, pickled onion, watermelon radish,  
balsamic vinaigrette, harissa, ciabatta 14

GLUTEN-FREE FLATBREAD +4

Y **PERFECT BURGER**  
double chuck patty, x-special sauce,  
baby gem lettuce, cheddar, garlic pickle,  
shaved red onion, sesame brioche bun 14.5  
\*add avo +3, add bacon +4

**SINGLE SINGLE**  
1/4 lb chuck patty, cheddar, x-special sauce,  
garlic pickle, sesame brioche bun 10.5  
\*add avo +3, add bacon +4, double patty +4

Y **BIG TUNA MELT**  
dill albacore tuna salad, swiss, garlic pickle,  
sriracha aioli, rustic italian 14.5

# SESSIONS

## BREAKFAST

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- V WAFFLE BROWNS**  
crispy potato waffle, sriracha syrup, rosemary, parmesan 5.5
- V CLASSIC TOAST**  
choice of fresh avocado or lemon ricotta, maldon salt, rustic italian toast 12  
\*add fried egg +3, add bacon +4
- V NUT & HONEY TOAST**  
lemon ricotta, rosemary, candied dates, G's nuts, pickled onion, toasted coconut, mint, sriracha syrup, rustic italian toast 13  
\*add fried egg +3, add chorizo +3
- V SIGNATURE AVO TOAST**  
heirloom tomato, arugula, goat cheese, balsamic reduction, rustic italian toast 13  
\*add fried egg +3, add bacon +4

## BREAKFAST BURRITOS

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- V GRINGO BURRITO**  
scrambled egg, monterey jack, avocado, crispy breakfast potato, salsa roja 12.5  
\*add bacon, ham, chorizo or sausage +3

## COLD BREW & ICED TEA

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- BLACK COLD BREW** 5.5
- Y COLD BREW + MILK & AGAVE** 6
- COLD BREW LATTE** 6  
vanilla, lavender, white chocolate lavender, white chocolate mocha, dark chocolate, caramel
- ICED MATCHA GREEN TEA** 6
- ICED VANILLA CHAI TEA LATTE** 6

## FOR THE GROMS (KIDS 12 & UNDER)

served on a martin's famous soft roll with choice of shaka spuds, fries or applesauce + a bottle of sessions water

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- MAKENA'S TENDAS**  
crispy fried chicken tenders 12
- BAM BAM'S CHEESEBURGER**  
pickle, catsup 12
- THE LENDOG**  
1/2 lb foot long hot dog, catsup, sweet sour cherry mustard 12

## BREAKFAST SANDWICHES

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- THE O.G.**  
choice of smoked bacon, country ham or breakfast sausage, fried egg, cheddar, english style muffin 11.5
- Y S WAKE & BAKE**  
choice of smoked bacon, country ham or breakfast sausage, fried egg, jalapeño jack, avocado, lemon ricotta, pickled red fresno, english style muffin 12.5
- Y MORNING ZEPHYR**  
smoked bacon, fried egg, fresh mozzarella, marinated tomato, pickled onion, basil aioli, arugula, balsamic reduction, english style muffin 13.5

- Y S CHORIZO BURRITO**  
chorizo, scrambled egg, monterey jack, crispy breakfast potato, pickled onion, sriracha aioli, radicaliente sauce 13.5

## HOT COFFEE & TEA

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- FRESHLY ROASTED DRIP COFFEE** 3.5
- RISHI EARL GREY** 4
- RISHI MATCHA GREEN** 4
- RISHI ENGLISH BREAKFAST** 4
- \*NON-DAIRY MILK OPTIONS\***  
almond, coconut & oat +1

- MARLEY'S GROMWICH**  
choice of chicken, salami or tuna, cheddar 12
- THE SMASHER**  
kid's meatball slider, lemon ricotta 12
- LARABAR LOVES CHEDDAR**  
grilled cheese on rustic italian 12